

Aptitude Suggested Reading List

Too Much of a Good Thing: Raising Children of Character in an Indulgent Age - Dan Kindlon

Mindset - Carol Dweck, PhD.

NurtureShock: New Thinking About Children – Po Bronson and Ashley Merryman

People Types and Tiger Stripes: Using Psychological Type to Help Students Discover Their Unique Potential - Gordon D. Lawrence

The Pressured Child: Freeing Our Kids from Performance Overdrive and Helping Them Find Success in School and Life - Michael Thompson PhD.

The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids - Madeline Levine

Alpha Girls: Understanding the New American Girl and How She Is Changing the World - Dan Kindlon, PhD.

Reviving Ophelia - Mary Pipher, PhD.

Raising Cain: Protecting the Emotional Life of Boys - Dan Kindlon and Michael Thompson

The Schools Our Children Deserve: Moving Beyond Traditional Classrooms and "Tougher Standards" - Alfie Kohn

A Whole New Mind: Why Right-Brainers Will Rule the Future - Daniel H. Pink

Outliers: The Story of Success - Malcolm Gladwell

The Blessings of a Skinned Knee: Using Jewish Teachings to Raise Self-Reliant Children - Wendy Mogul

A Mind at a Time—Dr.Mel Levine

The Myth of Laziness – Dr. Mel Levine

Building Emotional Intelligence: Techniques to Cultivate Inner Strength in Children - Linda Lantieri and Daniel Goleman

Under Pressure: Rescuing Our Children From the Culture of Hyper-Parenting – Carl Honor